

A surreal image of a woman with long blonde hair, seen from behind, standing in a field of tall golden grass. She is holding a large woven basket filled with gold coins, and many more gold coins are scattered all around her, some floating in the air. The sky is blue with white clouds. The overall tone is golden and dreamlike.

MONEY MAGNET CODES PLAYBOOK

BY
SHANTINI RAJAH



W E L C O M E

Congratulations! You now have access to 5 of the most powerful abundance frequencies known to humanity. You won't find these in any modern self-help book. These are ancient Sanskrit "bija mantras" (seed sounds) that mystics and sages have used to activate prosperity consciousness for over 3,000 years.

W H A T A R E B I J A M A N T R A S ?

Bija mantras are single-syllable Sanskrit sounds that carry pure vibrational frequency. Think of them as energetic tuning forks - when you chant these sounds, you literally tune your energy field to match the frequency of abundance.

Unlike sentences or phrases, these are pure sound vibrations that bypass your thinking mind and work directly on your energy system. Each sound plants a "seed" of specific energy in your consciousness

THE SCIENCE BEHIND THE SOUNDS

As a physicist, I can tell you that sound is vibration, and vibration creates reality at the quantum level. When you chant these sacred sounds:

- Your vocal cords create specific frequency patterns
- These vibrations resonate through your body's energy centers
- Your nervous system shifts into alignment with abundance frequency
- Your energy field begins attracting opportunities that match this vibration

HOW TO USE THESE ACTIVATION CODES

Basic Practice:

1. Choose the code that matches what you need (**see Quick Reference Guide at the end**)
2. Sit comfortably and take a moment to center yourself
3. Chant the sound 3, 9, or 21 times (traditional sacred numbers)
4. Feel the vibration in your body as you chant

Advanced Practice with 1 Healing Breath:

Each code page includes specific instructions for combining the sound with your 1 Healing Breath technique for amplified results.

Pro Tip:

These work best when chanted with intention, not just repeated mechanically. Connect with the energy each sound represents as you vibrate it.

Important:

Before jumping to the individual codes, read through this entire guide at least once. The foundational sections contain essential techniques and body awareness practices that will make your Sanskrit sound work incredibly more powerful and effective.

Ready to activate your abundance frequency? Let's begin...



The background of the image is a warm, golden sunset or sunrise. The sun is a bright, glowing orb in the lower center, casting a long, soft glow across the sky. The sky is filled with soft, wispy clouds in shades of orange, yellow, and light brown. Numerous dandelion seeds are captured in mid-air, appearing as delicate, feathery structures with long, thin stems. They are scattered across the upper half of the image, some in sharp focus and others blurred, suggesting a gentle breeze. The overall mood is peaceful and serene.

HOW TO DO 1 HEALING BREATH



WHAT IS 1 HEALING BREATH?

1 Healing Breath is my revolutionary MicroAction Manifesting technique that creates internal safety - the essential foundation for successful manifestation. It shifts your Manifesting Response System (MRS) from protection mode to receptivity mode in just seconds.

Your MRS is your internal control center for attracting and receiving abundance - the complex network of thoughts, emotions, beliefs, and physiological responses that influences how you interact with the Universe and manifest your desires.

When combined with Sanskrit sound codes, 1 Healing Breath amplifies the vibrational impact exponentially.



THE BASIC TECHNIQUE

Step 1: Connect with the Desired Energy

Close your eyes and bring to mind a memory, image, or feeling that represents the energy you want to embody (abundance, magnetism, clarity, etc.)

Step 2: Place Hands Over Heart

This activates vagal nerve stimulation and signals safety to your nervous system.

Step 3: Breathe Consciously

- **Inhale** through your nose for 3 counts, drawing the chosen energy into your being
- **Hold** gently for a moment, letting the energy infuse every cell
- **Exhale** through your mouth for 6 counts (longer exhale activates your parasympathetic nervous system)

Step 4: Feel the Integration

Notice how the energy has shifted in your body. This is your Manifesting Response System calibrating to receive.



U S I N G 1 H E A L I N G B R E A T H W I T H S A N S K R I T C O D E S

Each code page includes specific instructions, but the basic pattern is:

1. Do your 1 Healing Breath to create the energetic foundation
2. Chant the Sanskrit code on your exhales
3. Let the sound vibration anchor the energy you've activated

Pro Tip:

The combination of conscious breath + Sanskrit vibration + heart connection creates a triple activation that's incredibly powerful for manifestation.

Ready? Let's activate your abundance frequency.



HOW TO WORK WITH SANSKRIT SOUND VIBRATIONS FOR WEALTH

The Power of Sound in Your Daily Life

These sacred sounds aren't meant to be confined to formal meditation sessions. Sound vibration works continuously - your cells are always responding to the frequencies you create. Here are powerful ways to integrate these wealth codes throughout your day:

Formal Practice Sessions:

- **Morning Abundance Ritual:** 5-10 minutes chanting your chosen code with 1 Healing Breath
- **Weekly Wealth Meditation:** 20-30 minutes cycling through all 5 codes
- **New Moon/Full Moon Ceremonies:** Longer sessions to set financial intentions



Silent Integration Throughout Your Day:

- **Mental Repetition:** Chant silently while commuting, walking, or doing routine tasks
- **Before Money Actions:** Silently chant before checking accounts, making purchases, or financial meetings
- **Stress Response:** When anxiety about money arises, immediately switch to silent chanting

Vocal Integration:

- **Shower Sessions:** The acoustics amplify the vibrations beautifully
- **Car Chanting:** Perfect private space for vocal practice
- **Nature Connection:** Chant outdoors to connect sound with natural abundance

HOW TO FEEL EACH SOUND IN YOUR BODY

Your body is the most sophisticated manifesting instrument you have. When you chant Sanskrit sounds, your body responds with specific sensations, energy shifts, and vibrations that tell you exactly what's happening energetically.



Learning to feel these responses turns sound practice from mental exercise into full-body abundance activation.

Each Sanskrit sound creates different vibrations in your body. Some may feel warm and expansive in your chest, others might create tingles in your arms, or a sense of grounding in your belly. These aren't random sensations - they're your body's way of showing you that the frequency is working.

THE ABUNDANCE BODY SCALE (1 - 10)

Before and after each sound practice, rate yourself on these scales:

Energy Level: 1 = Completely drained → 10 = Fully energized

Abundance Feeling: 1 = Scarcity/lack mindset → 10 =

Abundant/wealthy feeling

Body Openness: 1 = Contracted/tight → 10 = Expansive/open



HOW TO USE THE SCALES

Before Chanting:

- Quickly rate yourself 1-10 on each scale
- No thinking required - go with your gut feeling
- This is your energetic baseline

After Chanting:

- Rate yourself again on the same scales
- Notice which numbers moved up (or down)

WHAT THE NUMBERS TELL YOU

Numbers went UP (any increase): The sound is working!

Your energy is shifting in a positive direction.

Numbers stayed the SAME: Either try a different sound, or chant this one longer to see if you need more repetitions.

Numbers went DOWN: This can mean two things:

- You might be releasing/clearing old energy blocks (which feels uncomfortable at first but is actually helpful)
- OR this particular sound isn't what you need right now



How to tell the difference: If numbers go down but you feel somehow "clearer" or "lighter" despite the lower rating, you're likely clearing blocks. If you just feel worse with no sense of clearing, try a different sound.

Trust your body: The most important thing isn't the numbers - it's how you feel overall. Do you feel more aligned with abundance after chanting? That's what matters most.





THE ABUNDANCE
MAGNET
SHREEM



SHREEM : THE ABUNDANCE MAGNET

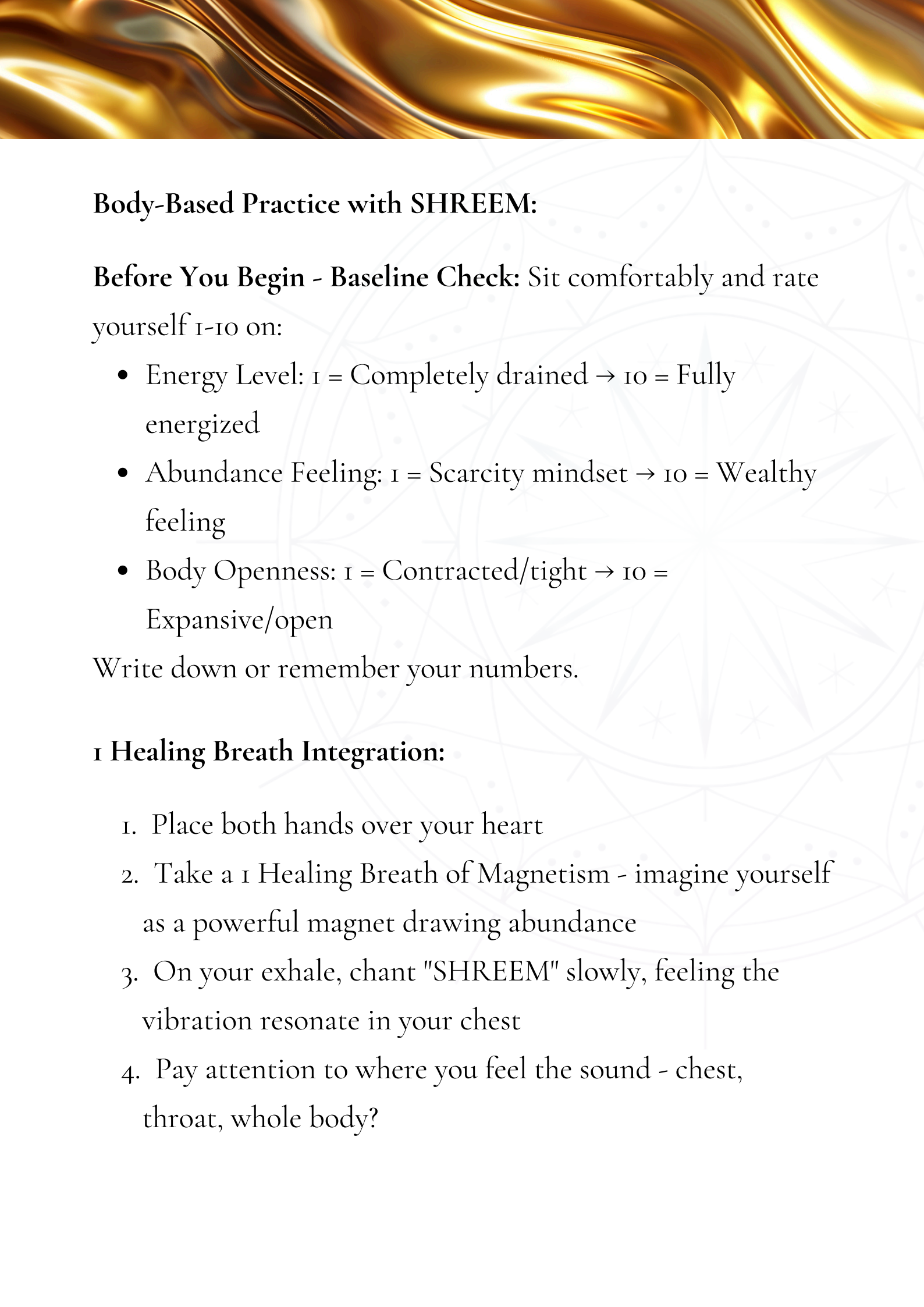
Pronunciation: SHREEM (rhymes with "dream")

What This Sound Does:

SHREEM is the master frequency of abundance, prosperity, and magnetic attraction. This powerful bija mantra carries the vibration of wealth, beauty, and flow. When you chant SHREEM, you're literally tuning your energy field to match the frequency of abundance itself.

When to Use SHREEM:

- When you want to magnetize money and opportunities
- Before important meetings or business calls
- When you feel disconnected from your natural abundance
- As a daily abundance activator
- When you want to feel wealthy from the inside out



Body-Based Practice with SHREEM:

Before You Begin - Baseline Check: Sit comfortably and rate yourself 1-10 on:

- Energy Level: 1 = Completely drained → 10 = Fully energized
- Abundance Feeling: 1 = Scarcity mindset → 10 = Wealthy feeling
- Body Openness: 1 = Contracted/tight → 10 = Expansive/open

Write down or remember your numbers.

1 Healing Breath Integration:

1. Place both hands over your heart
2. Take a 1 Healing Breath of Magnetism - imagine yourself as a powerful magnet drawing abundance
3. On your exhale, chant "SHREEM" slowly, feeling the vibration resonate in your chest
4. Pay attention to where you feel the sound - chest, throat, whole body?

- 
5. Repeat 9 times, noticing how the vibration expands or moves with each chant
 6. End by sitting quietly for 30-60 seconds

After Integration - Check Your Shift: Rate yourself again 1-10 on the same scales:

Energy Level: _____

Abundance Feeling: _____

Body Openness: _____

What SHREEM typically feels like:

Many people feel warmth or expansion in the chest area, tingling in the arms, or a general sense of "lighting up" from the inside. Trust whatever you experience.

Quick Activation (30 seconds):

Place one hand on your heart, chant SHREEM 3 times, and notice the immediate energy shift in your body.



Daily Integration Ideas:

- **Morning Power-Up:** Chant SHREEM 3 times before getting out of bed
- **Money Moments:** Before checking accounts or making financial decisions
- **Confidence Boost:** Use SHREEM before important conversations
- **Gratitude Practice:** Chant SHREEM while appreciating current abundance
- **Evening Magnetism:** End your day attracting overnight opportunities



THE DIVINE POWER
ACTIVATOR
HREEM



HREEM: THE DIVINE POWER ACTIVATOR

Pronunciation: HREEM (sounds like "HREEM" - roll the H slightly, rhymes with "cream")

What This Sound Does:

HREEM is a powerful bija mantra that connects you to Shakti (divine feminine creative energy) and Shiva (divine masculine focused energy) simultaneously. This sacred sound promotes healing, creativity, compassion, and purity while illuminating higher wisdom and consciousness.

How This Connects to Abundance:

When you connect to Shakti energy, you tap into the generative, creative force of the Universe - the same energy that creates all abundance. Shiva energy provides the focused intention to manifest. Together, they represent the perfect balance of creative flow and focused manifestation. By raising your consciousness through HREEM, you align with the cosmic creative power that manifests all prosperity.



When to Use HREEM:

- When you need creative solutions for money challenges
- To connect with divine guidance about financial decisions
- When you're seeking higher wisdom about your abundance path
- To access the creative force that generates new income streams
- Before meditation or spiritual practices related to prosperity

Body-Based Practice with HREEM:

Before You Begin - Baseline Check: Sit comfortably and rate yourself 1-10 on:

- Energy Level: 1 = Completely drained → 10 = Fully energized
- Abundance Feeling: 1 = Scarcity mindset → 10 = Wealthy feeling
- Body Openness: 1 = Contracted/tight → 10 = Expansive/open

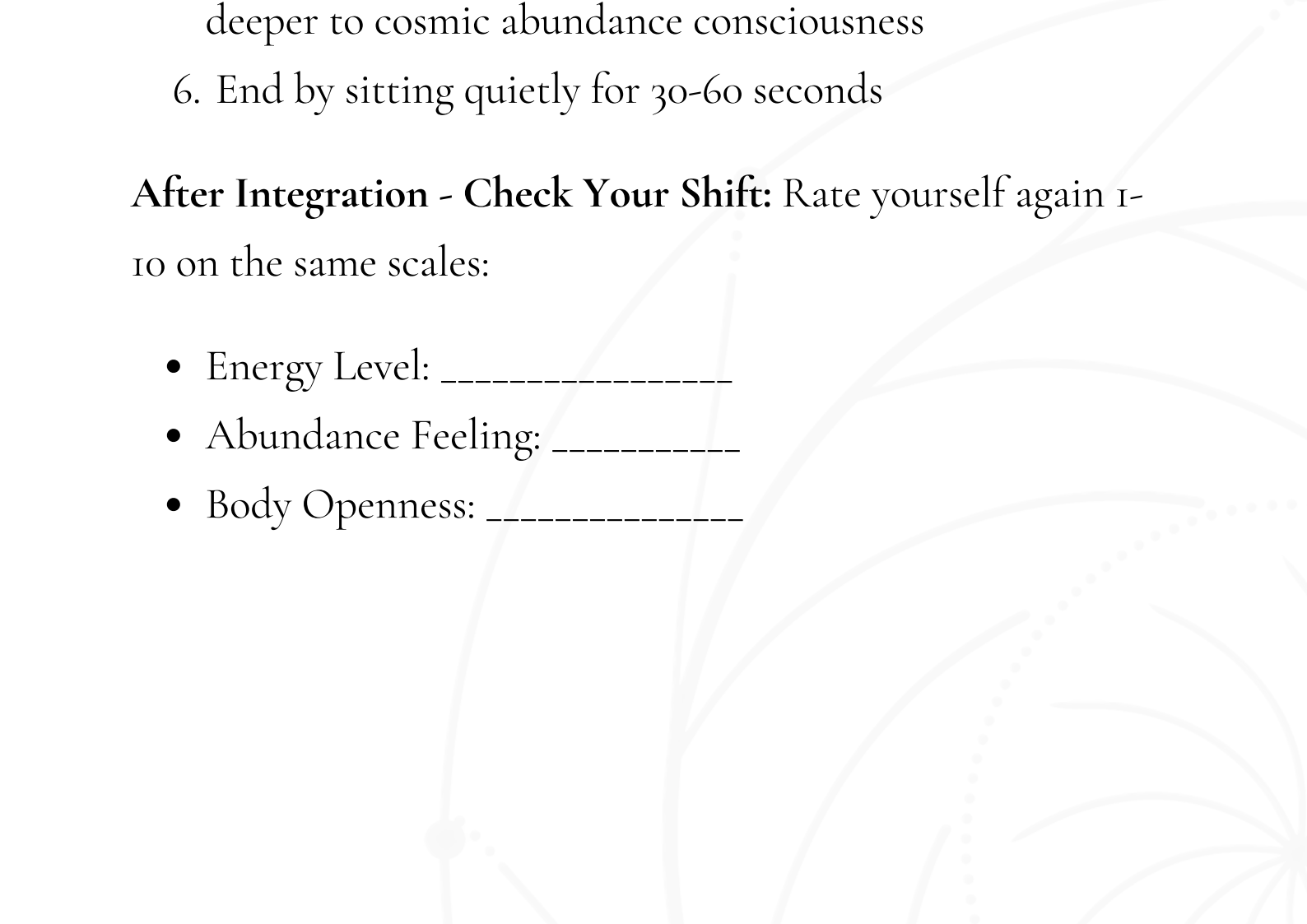
Write down or remember your numbers.

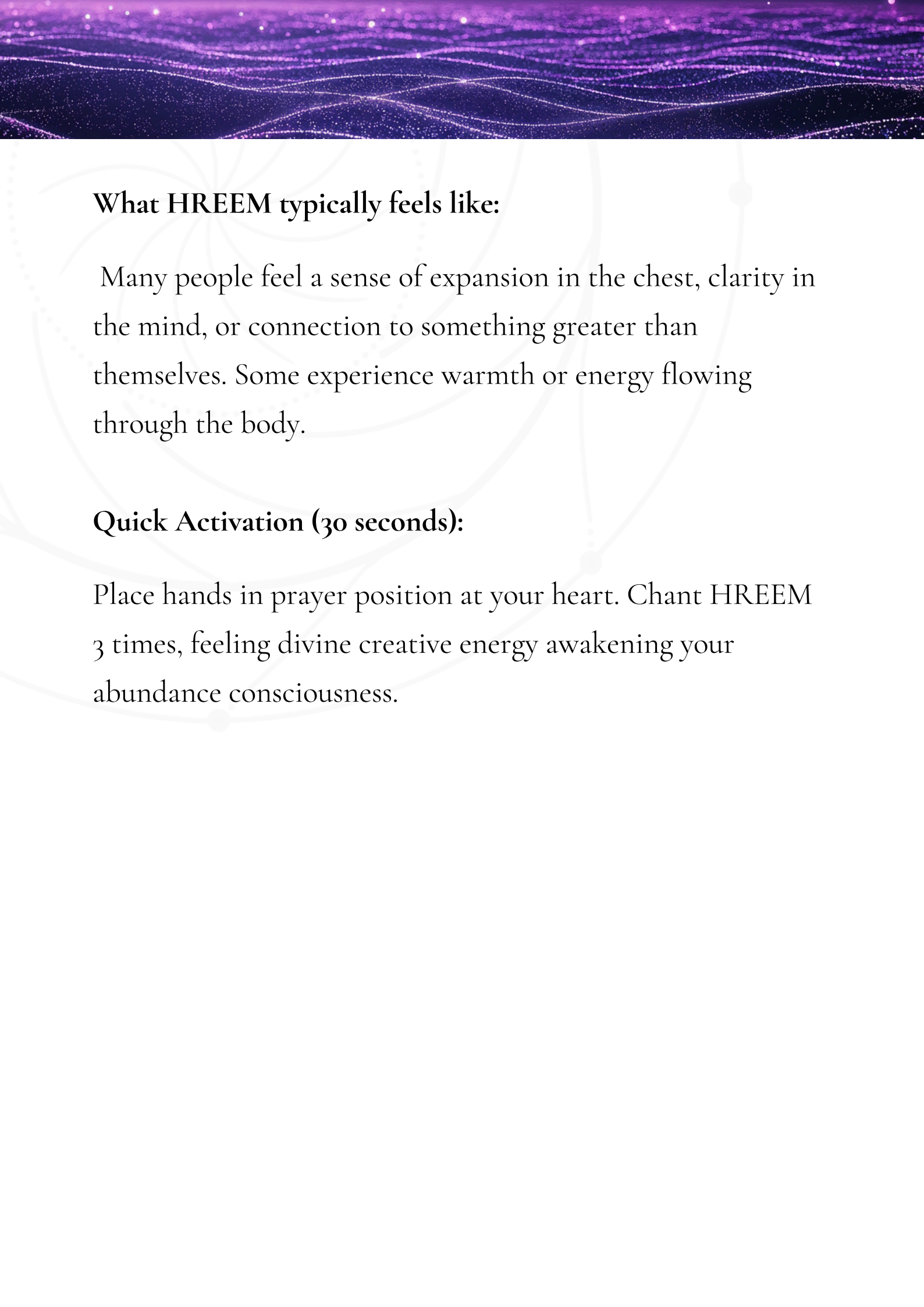


I Healing Breath Integration:

1. Place both hands over your heart
2. Take a I Healing Breath of Divine Connection - imagine connecting to the infinite creative power of the universe
3. On your exhale, chant "HREEM" with reverence, feeling Shakti and Shiva energy flowing through you
4. Pay attention to where you feel the sound - often in the heart or throat area
5. Repeat 9 times, letting each HREEM connect you deeper to cosmic abundance consciousness
6. End by sitting quietly for 30-60 seconds

After Integration - Check Your Shift: Rate yourself again 1-10 on the same scales:

- Energy Level: _____
 - Abundance Feeling: _____
 - Body Openness: _____
- 



What HREEM typically feels like:

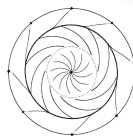
Many people feel a sense of expansion in the chest, clarity in the mind, or connection to something greater than themselves. Some experience warmth or energy flowing through the body.

Quick Activation (30 seconds):

Place hands in prayer position at your heart. Chant HREEM 3 times, feeling divine creative energy awakening your abundance consciousness.

Daily Integration Ideas:

- **Creative Sessions:** Chant HREEM before brainstorming or problem-solving
- **Decision Making:** Use HREEM when facing important financial choices
- **Wisdom Connection:** Chant HREEM during meditation or quiet reflection
- **Business Strategy:** Use HREEM when planning new ventures or directions
- **Divine Guidance:** Call on HREEM when you need higher perspective



A photograph showing several hands of different skin tones reaching towards the center, holding three large dahlia flowers. One flower is bright yellow, one is deep magenta, and one is light pink with darker pink centers. The background is a soft-focus green field. The text 'THE MAGNETIC ATTRACTOR KLEEM' is overlaid in a white, serif font, centered over the flowers.

THE MAGNETIC
ATTRACTOR
KLEEM



KLEEM : THE MAGNETIC ATTRACTOR

Pronunciation: KLEEM (sounds like "KLEEM" - rhymes with "beam")

What This Sound Does:

KLEEM activates divine feminine shakti energy within you, working at the deepest levels of consciousness and life force. This sacred sound creates a powerful magnetic field around you that naturally attracts what you desire while also having the ability to anchor and preserve what you already have. It's beloved by practitioners because of its reliable manifesting power.

How This Connects to Abundance:

When you chant KLEEM, you awaken the creative feminine force that effortlessly draws prosperity toward you. This magnetic shakti energy doesn't just attract money - it pulls in the perfect people, opportunities, and resources needed for abundant living. It can also help you maintain and grow the wealth you already possess.



When to Use KLEEM:

- Before meeting new people or social gatherings
- When you want to attract the right opportunities and connections
- To magnetize money, resources, and abundance
- Before important meetings or collaborations
- To hold and grow the wealth you already have

Body-Based Practice with KLEEM:

Before You Begin - Baseline Check: Sit comfortably and rate yourself 1-10 on:

- Energy Level: 1 = Completely drained → 10 = Fully energized
- Abundance Feeling: 1 = Scarcity mindset → 10 = Wealthy feeling
- Body Openness: 1 = Contracted/tight → 10 = Expansive/open

Write down or remember your numbers.



I Healing Breath Integration:

1. Place both hands over your heart
2. Take a I Healing Breath of Divine Magnetism - imagine awakening the creative feminine power within you
3. On your exhale, chant "KLEEM" with confidence, feeling magnetic energy radiating from your core
4. Pay attention to how the sound creates a sense of attraction or pull in your body
5. Repeat 9 times, sensing your manifesting power for abundance growing stronger
6. End by sitting quietly for 30-60 seconds

After Integration - Check Your Shift: Rate yourself again 1-10 on the same scales:

- Energy Level: _____
- Abundance Feeling: _____
- Body Openness: _____



What KLEEM typically feels like:

Many people feel a sense of magnetic pull or attraction emanating from their body, warmth in the heart area, or a feeling of becoming more "magnetic" overall.

Quick Activation (30 seconds):

Rub your palms together vigorously, then place them over your heart. Chant KLEEM 3 times, feeling your inner manifesting power awakening.



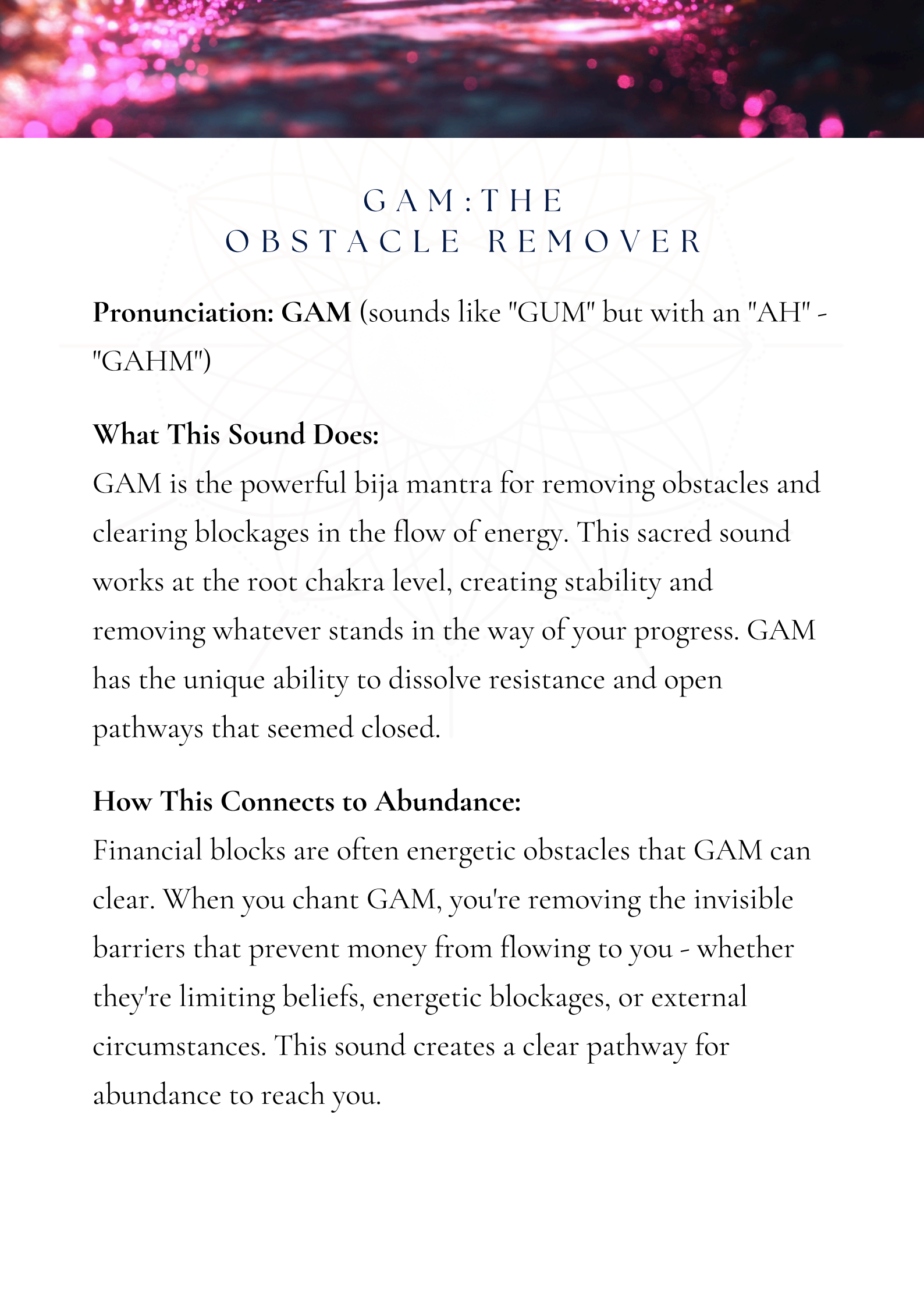
Daily Integration Ideas:

- **Before Important Calls:** Silently chant KLEEM to attract positive responses
- **Networking Magic:** Mentally repeat KLEEM while meeting new people
- **Wealth Anchoring:** Use KLEEM to secure and grow money you've already earned
- **Creative Magnetism:** Chant KLEEM to draw resources for your projects
- **Evening Attraction:** End your day with KLEEM to magnetize overnight opportunities





THE OBSTACLE
REMOVER
GAM



G A M : T H E O B S T A C L E R E M O V E R

Pronunciation: GAM (sounds like "GUM" but with an "AH" - "GAHM")

What This Sound Does:

GAM is the powerful bija mantra for removing obstacles and clearing blockages in the flow of energy. This sacred sound works at the root chakra level, creating stability and removing whatever stands in the way of your progress. GAM has the unique ability to dissolve resistance and open pathways that seemed closed.

How This Connects to Abundance:

Financial blocks are often energetic obstacles that GAM can clear. When you chant GAM, you're removing the invisible barriers that prevent money from flowing to you - whether they're limiting beliefs, energetic blockages, or external circumstances. This sound creates a clear pathway for abundance to reach you.



When to Use GAM:

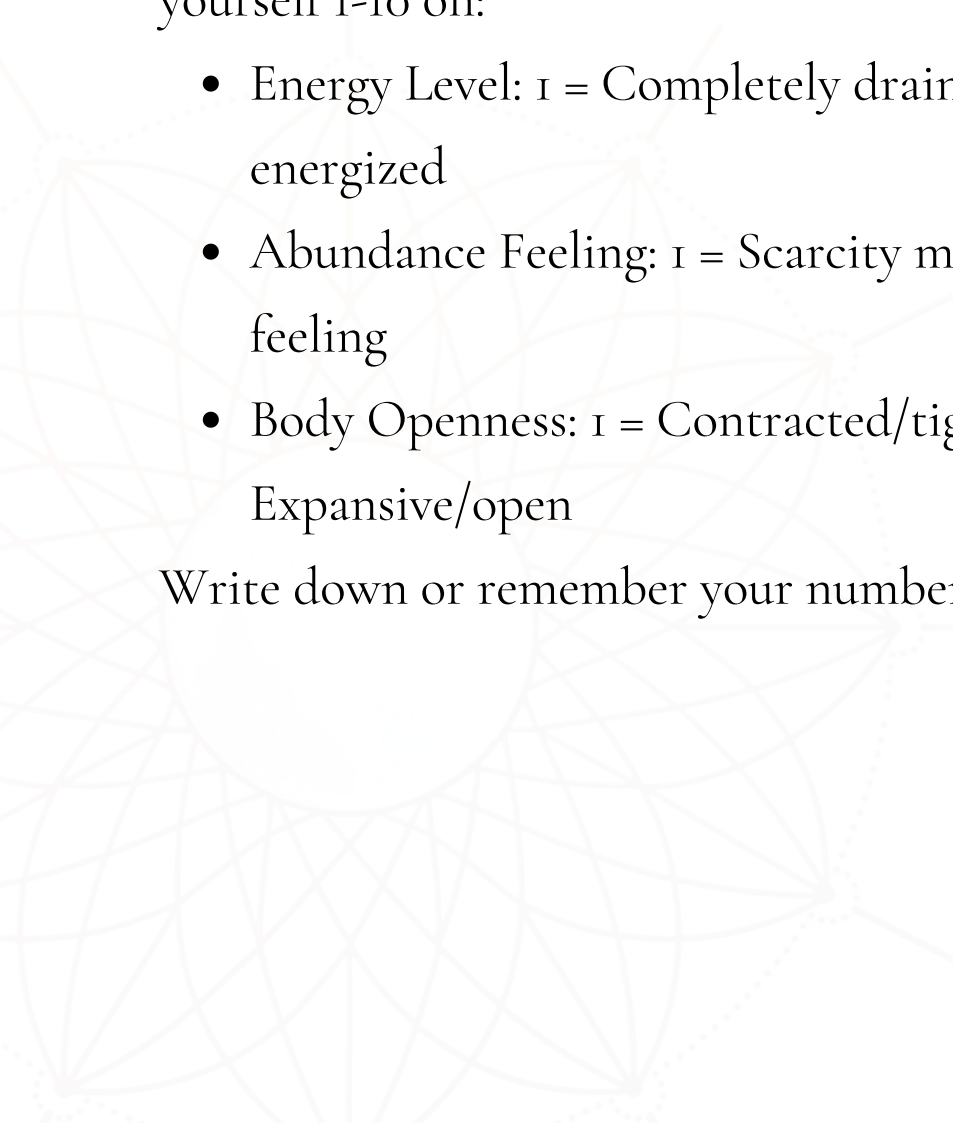
- When you feel stuck or blocked around money
- Before starting new financial ventures or projects
- When facing obstacles in business or career
- To clear resistance before important financial decisions
- When old money patterns keep repeating

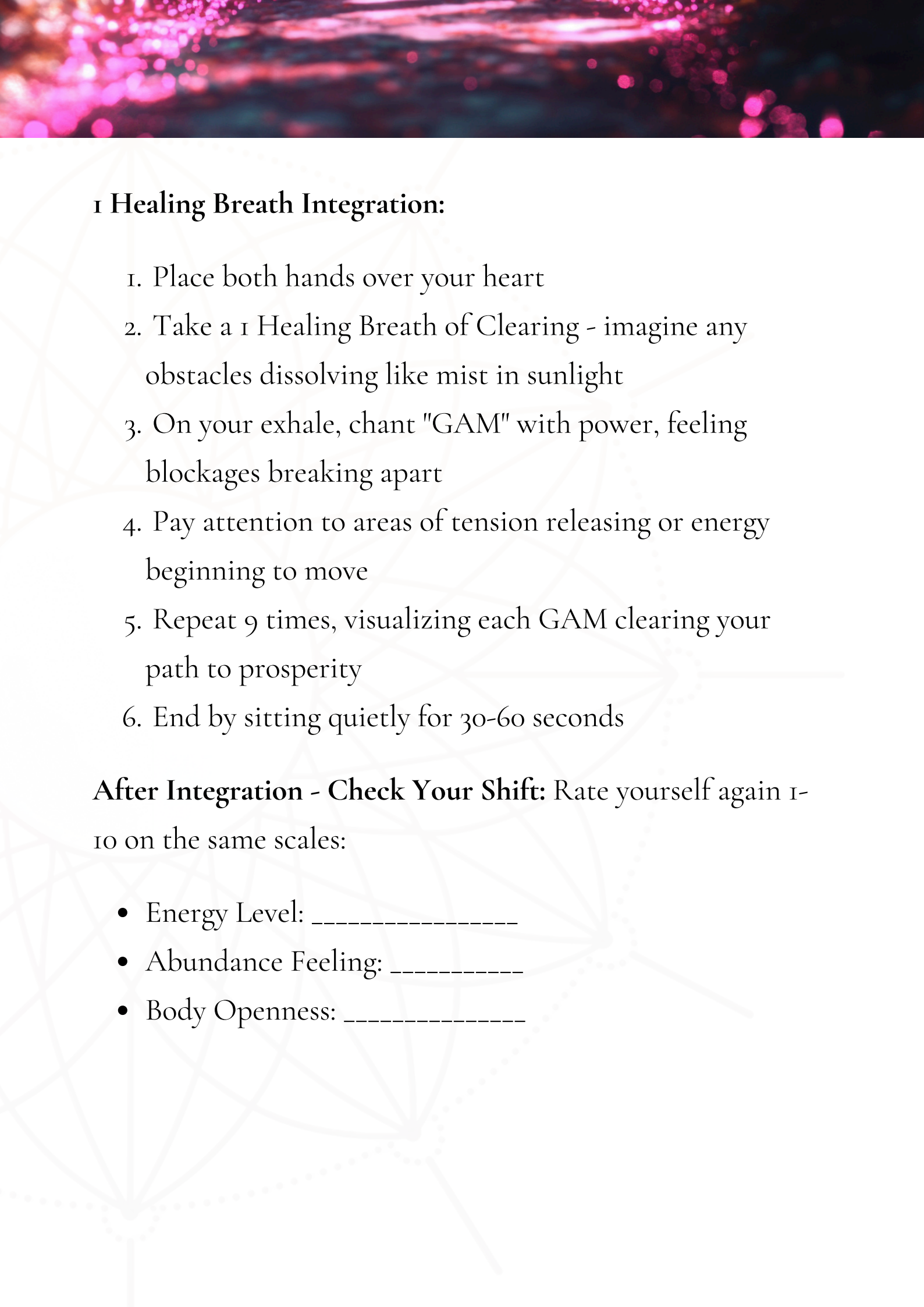
Body-Based Practice with GAM:

Before You Begin - Baseline Check: Sit comfortably and rate yourself 1-10 on:

- Energy Level: 1 = Completely drained → 10 = Fully energized
- Abundance Feeling: 1 = Scarcity mindset → 10 = Wealthy feeling
- Body Openness: 1 = Contracted/tight → 10 = Expansive/open

Write down or remember your numbers.



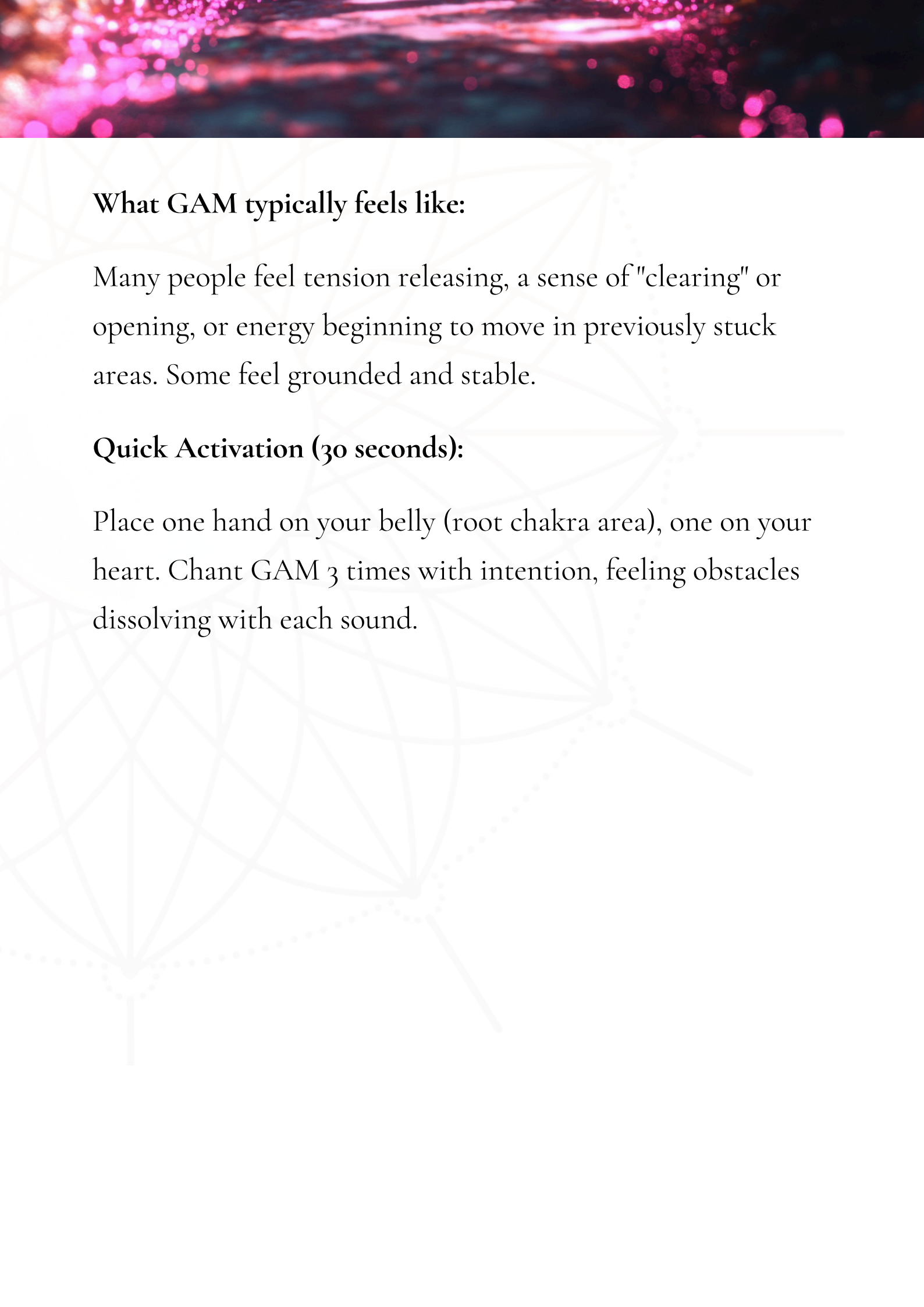


I Healing Breath Integration:

1. Place both hands over your heart
2. Take a I Healing Breath of Clearing - imagine any obstacles dissolving like mist in sunlight
3. On your exhale, chant "GAM" with power, feeling blockages breaking apart
4. Pay attention to areas of tension releasing or energy beginning to move
5. Repeat 9 times, visualizing each GAM clearing your path to prosperity
6. End by sitting quietly for 30-60 seconds

After Integration - Check Your Shift: Rate yourself again 1-10 on the same scales:

- Energy Level: _____
- Abundance Feeling: _____
- Body Openness: _____



What GAM typically feels like:

Many people feel tension releasing, a sense of "clearing" or opening, or energy beginning to move in previously stuck areas. Some feel grounded and stable.

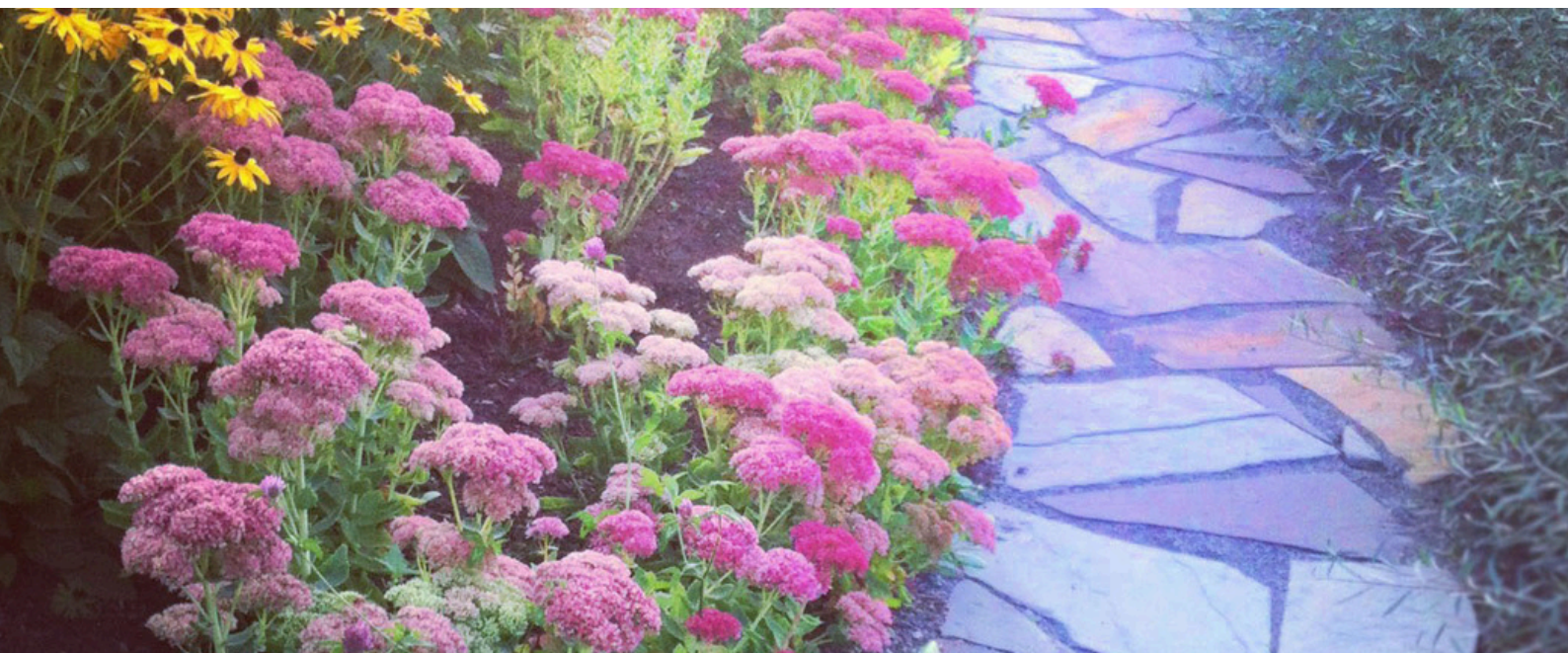
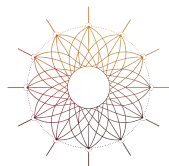
Quick Activation (30 seconds):

Place one hand on your belly (root chakra area), one on your heart. Chant GAM 3 times with intention, feeling obstacles dissolving with each sound.



Daily Integration Ideas:

- **Morning Path-Clearing:** Chant GAM upon waking to clear the day's obstacles
- **Before Challenges:** Use GAM before difficult conversations or situations
- **Traffic Jams:** Perfect time to silently chant GAM and clear energetic blocks
- **Computer/Tech Issues:** GAM helps clear technical obstacles too
- **End-of-Week Reset:** Use GAM on Fridays to clear accumulated blocks



THE WISDOM
ACTIVATOR
AIEEM



A I E E M : T H E W I S D O M A C T I V A T O R

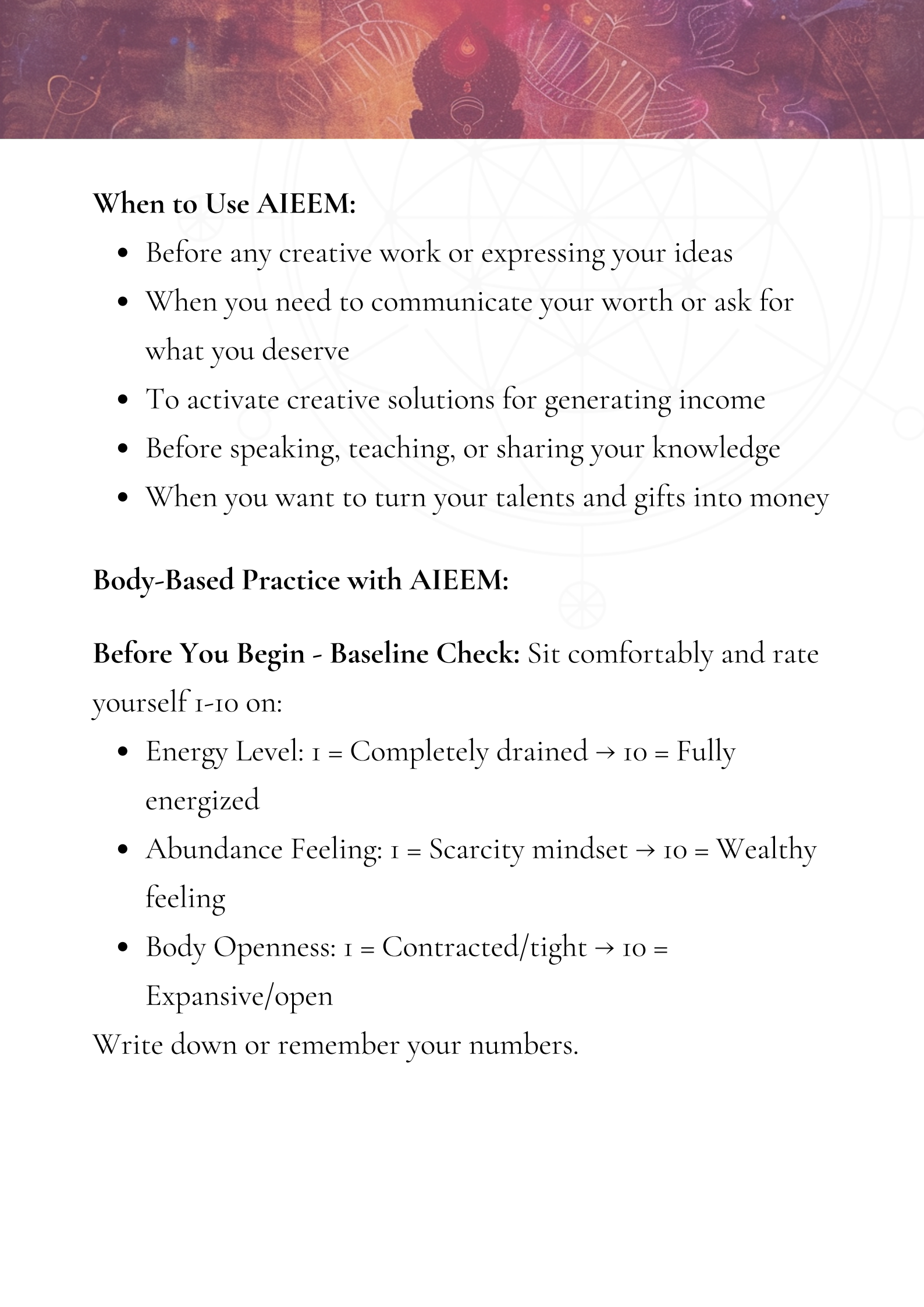
Pronunciation: AIEEM (sounds like "AH-EE-EEM" - three distinct sounds flowing together)

What This Sound Does:

AIEEM is the bija mantra of creativity, wisdom, and divine expression. This sacred sound activates your inner voice, creative power, and ability to communicate your value to the world. AIEEM awakens the part of you that knows how to turn ideas into income and creativity into prosperity.

How This Connects to Abundance:

AIEEM opens new channels of income through your creative expression and wisdom. When you chant this sound, you're activating your ability to monetize your talents, communicate your worth, and turn your unique gifts into financial flow. This is especially powerful for entrepreneurs, creatives, and anyone who wants to profit from their knowledge.



When to Use AIEEM:

- Before any creative work or expressing your ideas
- When you need to communicate your worth or ask for what you deserve
- To activate creative solutions for generating income
- Before speaking, teaching, or sharing your knowledge
- When you want to turn your talents and gifts into money

Body-Based Practice with AIEEM:

Before You Begin - Baseline Check: Sit comfortably and rate yourself 1-10 on:

- Energy Level: 1 = Completely drained → 10 = Fully energized
- Abundance Feeling: 1 = Scarcity mindset → 10 = Wealthy feeling
- Body Openness: 1 = Contracted/tight → 10 = Expansive/open

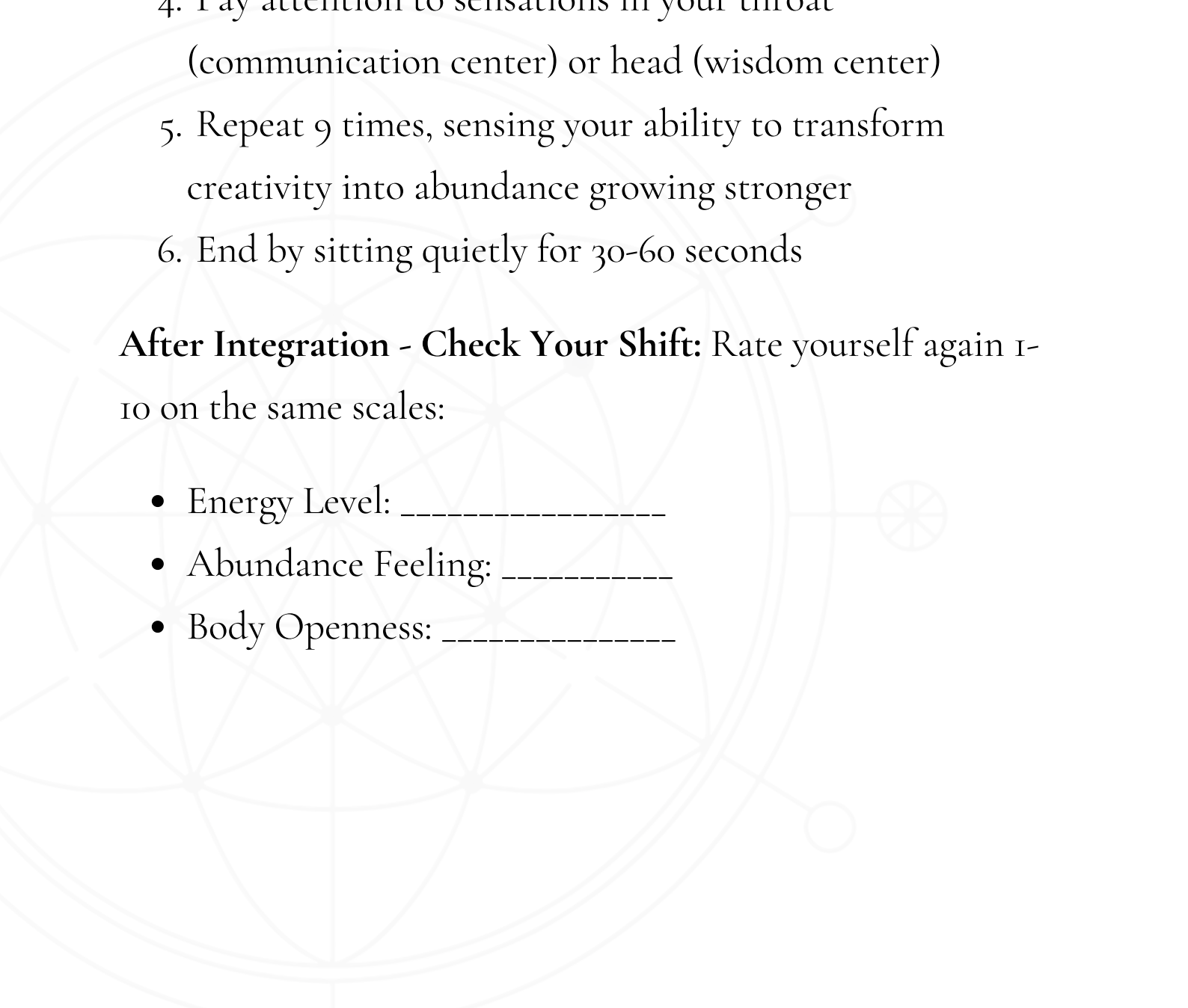
Write down or remember your numbers.



1 Healing Breath Integration:

1. Place both hands over your heart
2. Take a 1 Healing Breath of Creative Wisdom - imagine your unique gifts and talents awakening
3. On your exhale, chant "AIEEM" with clarity, feeling your creative power activating
4. Pay attention to sensations in your throat (communication center) or head (wisdom center)
5. Repeat 9 times, sensing your ability to transform creativity into abundance growing stronger
6. End by sitting quietly for 30-60 seconds

After Integration - Check Your Shift: Rate yourself again 1-10 on the same scales:

- Energy Level: _____
 - Abundance Feeling: _____
 - Body Openness: _____
- 



What AIEEM typically feels like:

Many people feel activation in the throat area, clarity in thinking, creative inspiration, or a sense of wisdom and knowing arising.

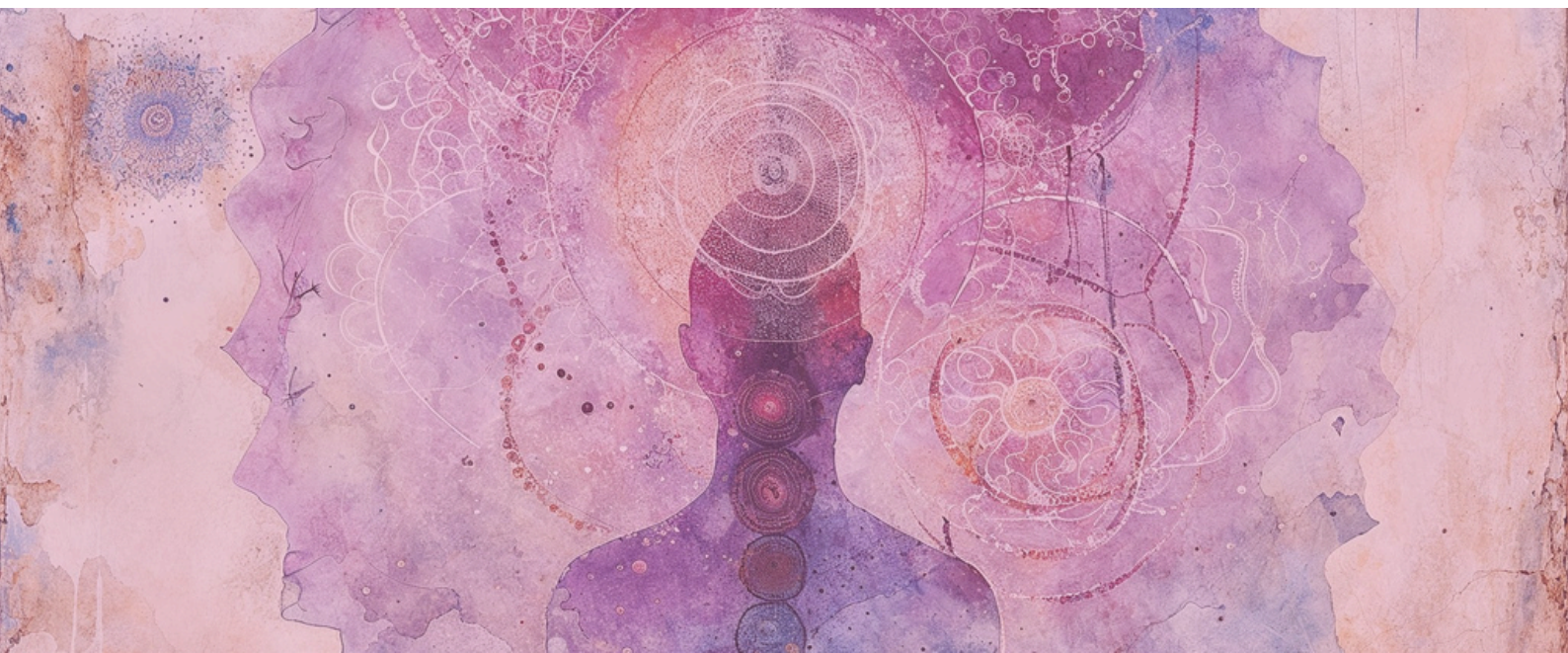
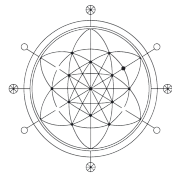
Quick Activation (30 seconds):

Place one hand on your throat (communication center), one on your heart. Chant AIEEM 3 times, feeling your creative wisdom awakening and ready to generate prosperity.



Daily Integration Ideas:

- **Before Creating:** Chant AIEEM before writing, designing, or any creative work
- **Price Conversations:** Use AIEEM before discussing fees or rates
- **Idea Generation:** Perfect for brainstorming sessions and strategy planning
- **Social Media Power:** Chant AIEEM before posting to activate your authentic voice
- **Learning Integration:** Use AIEEM when studying to activate wisdom and retention



WHICH
CODE TO USE
WHEN



WHICH CODE TO USE WHEN

Need to Magnetize Money & Opportunities?

Use: SHREEM

- Daily abundance activation
- Before important meetings or business calls
- When you want to feel wealthy from the inside out

Need Creative Solutions & Higher Wisdom?

Use: HREEM

- When facing money challenges that need creative solutions
- Before financial decision-making
- To connect with divine guidance about your abundance path

Need to Attract People, Clients & Partnerships?

Use: KLEEM

- Before networking events or meetings
- To magnetize new clients or customers
- When seeking profitable collaborations

Feeling Stuck or Blocked Around Money?

Use: GAM

- When financial progress feels stalled
- Before starting new ventures or projects
- To clear recurring money patterns

Need to Monetize Your Talents & Creativity?

Use: AIEEM

- Before creating products, content, or services
- When communicating your value or setting prices
- To turn ideas into income streams

DAILY PRACTICE SUGGESTIONS

Morning: SHREEM (3x) to activate abundance for the day **Afternoon:** GAM (3x) to clear any blocks that arose **Evening:** KLEEM (3x) to attract overnight opportunities

Don't forget: You can chant these sounds silently anytime, anywhere. The vibration works even when chanted internally!

